



Lancing Prep Hove

A Lancing College Preparatory School

Newsletter

Autumn Term | 30 September 2022

Message from Mrs Keep

It is with no embarrassment or shame that I can admit that the Hippopotamus Song would be one of my desert island discs. For those who need a reminder, it is Flanders & Swan at their finest as they sing joyfully of the hippopotamus, no ignoramus, who wallows in glorious mud. And just like the hippos, the children at LPH are thoroughly enjoying the fields and the mud that comes as we move into autumn and occasional wet days. In order to enjoy the fields and all the glorious mud, they need to have the appropriate clothing and footwear in school. In the pre-prep, this means wellies and waterproofs; in the prep school, it means hoodies & blacks and football boots. Please do ensure your children have these in school so that they can enjoy all the freedom and space to play that our grounds offer. If there is rain in the forecast, please also remember that the school coat is an essential piece of uniform.

This week, our focus in school has been on the importance of common courtesy. We're all in our stride now with the rhythms and routines of the new school year and with familiarity we can all at times become rather too relaxed. We want school to be home-from-home, so formality isn't required. However, a liberal sprinkling of good manners goes a long way in all circumstances and I have reminded the children that they should be as thoughtful and courteous at home as they are expected to be at school. I hope that some of this is evident over the weekend as your children thank you for the many things you do for them.

In awards assembly yesterday, we talked about not only the scores at the end of the matches but also the children's sportsmanlike conduct for the duration of their fixtures. Since our last newsletter, children from LPH have competed in 36 fixtures – an astonishing number – and while I love to celebrate their wins, I am even more proud when I can celebrate their conduct. My thanks to all the parents who help to set the same examples in their support from the sidelines.

We are finishing today with the PTA Coffee Afternoon, at which myriad treats donated by our pupils and their families will be sold to raise funds for Pelican Parcels. I would like to thank the PTA for all their help, as well as all those children who have baked something delicious for a worthy cause. We will also be supporting Off The Fence with their charitable work with local homelessness as part of our harvest festivals. This is one of the children's chosen charities this year, and I look forward to confirming the total amount raised for both worthy causes in our next newsletter. For today, I hope the cakes and treats help us all to get our weekends off to a delicious start!

Notices are on Page 14

Please see Notices for the Invitation to the Harvest Festivals at CoGS for Pre-Prep and Years 3 & 4

Non-perishable goods may be brought in for the City Food Bank, which is supported by CoGS.

Parents of older pupils may like to make a donation this Harvest time to Off the Fence

This is one of the charities elected by the children for support this year.

We have set up a JustGiving page for our LPH community which is accessible via the QR code below:



Visit their website to find out more

<https://www.offthefence.org.uk/>



Pre-Prep News

Pre-School

The children thoroughly enjoyed World Languages Day. Mrs Beard read the children the very well-known story of *The Very Hungry Caterpillar*, in French! This was followed by 'chocolat chaud' and a baguette whilst enjoying the sounds of some French café music.

As part of our topic **All About Me** the children have loved telling each other about who is in their family and what they like to do together. On a visit to Forest School, they were extremely creative and made pictures of their family members using lots of natural objects.

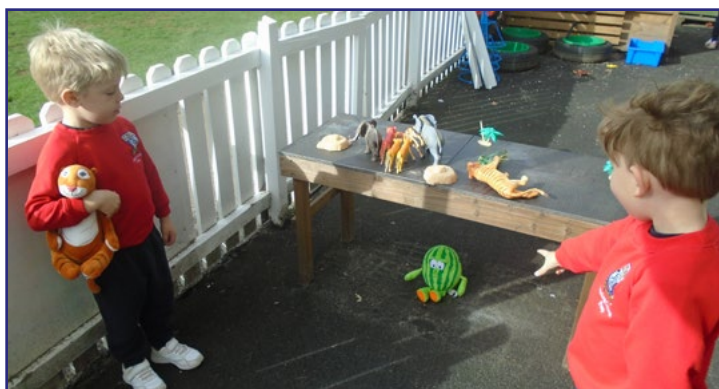


Pre-Prep News

Reception

This week, the children were introduced to our core text, ***Dogger***, by Shirley Hughes. They enjoyed listening to the story whilst cuddling a favourite toy they had brought in from home. We discussed how Dave, the main character, felt when he lost his toy and what they would do if they were sad or cross.

The children's toys have had a fabulous time visiting Reception: enjoying being painted, taken for picnics and even being sung songs around the camp fire!



Pre-Prep News

Year 1

In science, year 1 have been investigating their senses. So far we have explored our sense of smell and taste, understanding that they are both linked. The children tasted a range of crisps flavours and had to predict what they thought they were. We had some interesting answers including truffle, pasta and 'normal'! We have been pleased to see the children's confidence in making predictions, even when they don't match the final result!

The children thoroughly enjoyed their French drama workshop for European day of languages! It was amazing how much they could understand!



Pre-Prep News

Year 2

The children been busy harvesting apples from our school orchard. We took some of the apples to be pressed into juice that we can sell to raise money for charity. The rest of the apples went to the kitchen to be turned into a yummy apple crumble!



Year 2 were very kindly invited by Bede's School to attend a mini tennis festival. The children rotated around a series of activities in small groups, mixing with several other Year 2 groups from neighbouring schools. This was a 'first' and all the children had a fantastic time.



Prep News

Year 3

The children went to the Booth Museum to kickstart their Science topic off in the best way! They learnt some interesting facts about skeletons and then moved on to the activities. Each group had to identify whether the animal was a carnivore or herbivore by looking at their skulls and paying close attention to their eye placement and teeth.

We also had the opportunity to use magnifying glasses to look closely at tortoise shells, elephant tusks and other artefacts. The best part was having to wear white gloves in order to assemble the human skeleton using real bones!



Prep News

Year 4

The children visited the Wings Museum in Balcombe as a part of their unit on WWII: The Home Front.

The day started with an artefact-handling workshop, where they were able to feel and examine a variety of objects from the past. Following this, they explored a Dakota plane (eating lunch in it, too!) as well as experiencing what it would have been like in a bunker. This was a fantastic start to our unit and a great time was had by all!



Prep News

Year 4 & 5 Overnight Camp

We were immensely proud of the children in Year 4 and 5 who, after 3 months of waiting finally camped under the stars..... on a Friday night at school.

Following the postponement of their summer camp, the children were kind and thoughtful in their care towards one another and energetic in their play as they set up their beds, learned fire lighting skills at Forest School and enjoyed all manner of snacks and treats while they had the school to themselves, with appropriate adult supervision!

Having caught up on some much needed sleep over the long weekend, they have continued to share lovely memories of the event after returning to school the following week.

Our huge thanks go to the parent volunteers who came along to help at the camp; we are always so grateful for their support of our events at school!



Prep News

Year 5

As an introduction to their history unit on the Romans, the children set off to visit the fantastic Roman Palace at Fishbourne this week.

They had the chance to make mosaics, explore a Roman kitchen, have a go at weaving and write their names in Roman numerals. They also sat alongside a real-life Roman, who told them all about life in the Roman army and answered their varied questions! It was a superb day out and allowed all learners to really imagine what a Roman Palace would have looked like almost 2,000 years ago.



Prep News

Year 5 & 6 Mathematicians

Four eager Year 6 and six Year 5 mathematicians were selected this week to take part in an inter-school competition, hosted by Windlesham House Prep School and St Andrew's Eastbourne respectively.

Our pupils were paired up with almost 50 other pairs at each competition, all eagerly taking part in rounds of frenetic maths challenges. Along the way they flexed their problem-solving muscles, facing countdown number problems, algebraic reasoning and a good deal of lateral thinking.

All the pupils were wonderful ambassadors for LPH and made their teachers incredibly proud. A huge well done to Dino and Myla for placing first in the Year 5 competition held at St Andrews!



Prep News

European Day of Languages

The whole school celebrated European Day of Languages with gusto! The corridors welcomed children with flags from around the world, each displaying a different way of saying hello.

Pre-school shared a story, hot chocolate and practised their greetings with a visitor from France. We experienced a variety of French theatre workshops and shared stories in French from Reception to Year 8 with a variety of themes from *Goldilocks and the Three Bears* to *The Three Musketeers*.

Lunch celebrated classic European dishes with Greek salad, Spanish tortilla and lasagne on offer. There was much linguistic prowess on display and a very lovely day of language, culture and food!

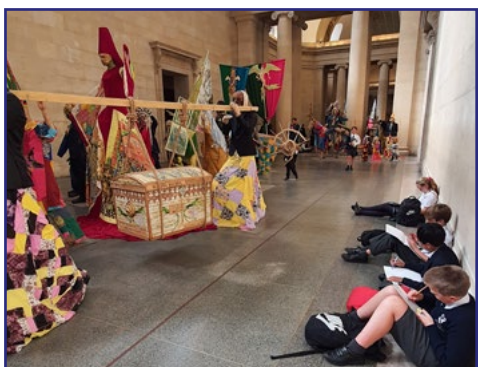
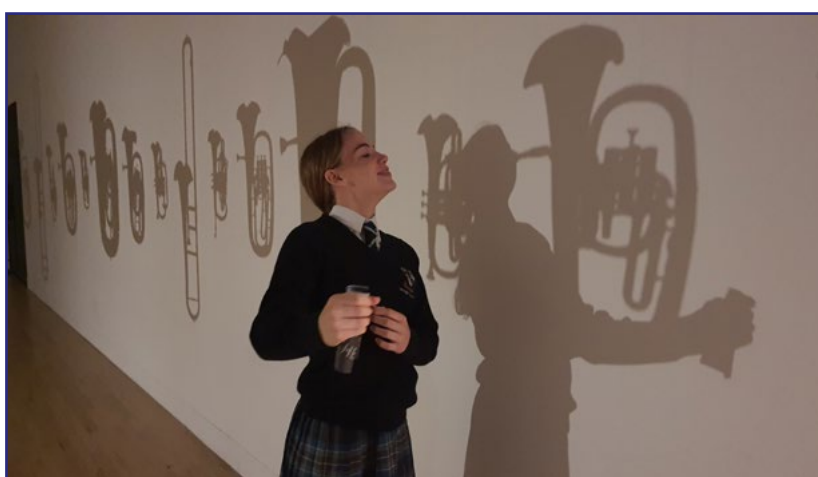
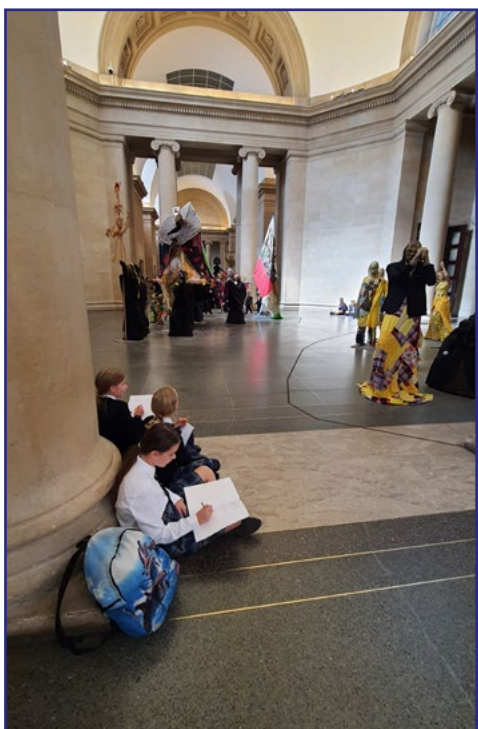


Prep News

Year 8

The pupils were superb ambassadors for the school on Friday when they went up to London on the train to visit Tate Britain, to support their work in Art this term.

They visited two major exhibitions, that of artist Cornelia Parker with her amazing 'exploded shed' installation and artist, Hew Locke, with his 'procession' installation. They spent time sketching and even managed a fleeting visit to the Turner rooms before the end of the visit.



Sport News

Fixtures have returned with many events over the past fortnight. Unfortunately the weather put paid to the inaugural Mowden cup tournament which we hope to reschedule to a date after half term. Some teams also took part in mini tournaments and festivals, which were fun events with no formal scores recorded.

Boys' Football Results

21 September

		W/D/L
1 st XI	v Bede's	W
3 rd XI	v Bede's	L
Colts A	v LPW U11 tournament	Second

26 September - ISFA U13 National Cup

LPH/LPW	v Rokeby School	W 3-0
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28 September

1 st XI	v Copthorne	W
2 nd XI	v Copthorne	W
Colts A	v Copthorne	D
Colts B	v Copthorne	W
Colts C	v Copthorne	L
Colts D	v Copthorne	L

Thursday 29 September

U9A	v Windlesham	L
U9B	v Windlesham	L
U8A	v Windlesham	W
U8B	v Windlesham	L

Girls' Hockey Results

21 & 22 September

		W/D/L
2 nd XI	v Dorset House	D
Colts A	v Dorset House	D
Colts B	v Dorset House	D
Colts C	v Dorset House	L
U9	v Dorset House	D
U8	v Dorset House	D

28 September

Colts A	v LC U11 tournament	Second
Colts B	v Brambletye	L
Colts C	v Brambletye	L

Thursday 29 September

U9	v Windlesham	W
U8	v LPW	D



ISFA U13 National Cup

We have teamed up with LPW to create a combined Lancing Prep team to enter the ISFA National Cup. We haven't entered this cup for a number of years. The boys travelled to Rokeby school in Kingston-upon-Thames. Chappers 'our football coach' described the first half 'as the best football he has seen in school football for many years'. The boys played incredibly and showed real determination to keep going and make sure we got the win.



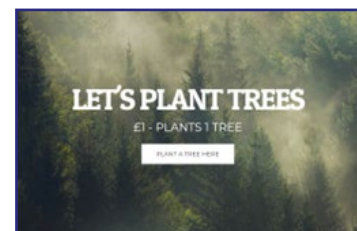
The Colts A team participated in a tournament at Lancing College against 4 other schools. They won all but one of their matches beating St Christopher's 2-1, Brighton Girls 6-0 and Lancing Prep Worthing 2-1. In the final they unfortunately lost 3-0 to Brambletye but they continued to show an unbelievable amount of determination, perseverance, and most importantly, team spirit right until the final minute. The Team: Heja E, Izzy B, Eden T, Mabel R, Dixie M, Annabella D, Amber P, Georgina K and Myla B.

Notice Board

Just One Tree - Non-Uniform Day

On Friday 14 October we will be joining children across the globe in supporting Just ONE Tree day at LPH.

It will be a non-uniform day with a 'green' theme for donations of £1. The one pound will then plant a tree in one of a number of areas around the world which are particularly struggling with deforestation.



A poster for the Harvest Festival. It features a close-up of several ripe red apples on a tree branch. The text 'Harvest Festival 11 October 2022 at The Church of the Good Shepherd' is overlaid in white. In the top left corner is the Lancing Prep Hove logo. At the bottom, a white box contains the following text: 'Reception, Year 1 & Year 2 service 9.30am', 'Years 3-4 service 12 noon', and 'Children are encouraged to bring non-perishable food donations for the City Food Bank'.

Please see
overleaf for a
our latest Parent
Online Guides
and
details of
Half Term
Activities

Christmas Show on Ice

Miss Pollak, latterly our Pre-School teacher, left us to pursue a career as an ice-skater, both coaching and performing. She will be playing Dandini in the matinée performances at Guildford (and in the company for evening performances)



Term Dates for the academic year 2022-2023 are shown below:

Autumn Term 2022

Half term from Friday 14 October 2022 usual collection times, restarting on Monday 31 October 2022
Term ends Friday 9 December 2022

Spring Term 2023

Term starts Wednesday 4 January 2023
Half term from Friday 10 February 2023 usual collection times, re-starting Monday 20 February 2023
Term ends Friday 24 March 2023

Summer Term 2023

Term starts Tuesday 18 April 2023
Bank Holiday Monday 1 May 2023
Half term from Friday 26 May 2023 usual collection times, re-starting Monday 5 June 2023
Term ends Thursday 6 July 2023

We will publish dates for 2023-24 as soon as they are confirmed.

10 tips for parents and carers

HOW TO BE GREEN WITH YOUR TECH

Right now, humans aren't living sustainably: we're taking too many resources and not leaving the world in a fit state for future generations. Old tech products are a clear example: if we throw them away, the poisonous lead and mercury inside can get into the food chain through the soil. Recycling tech, though, has its own issues: it's often exported to countries where the law doesn't protect people from hazards. Whole villages (including children) sort through discarded devices to remove useful parts and substances like gold, silver and copper – often putting their health at risk. Finding ways to re-use tech is the greenest option.

So what can we do with those cupboards and drawers full of old phones and unwanted computers?
Reuse, recycle, donate or sell them!

1 DONATE THEM TO CHARITY

There are lots of charities that redistribute unwanted tech to worthy causes, either in the UK or in developing nations. If your old products are still working, this is a great option – as it means that new products don't have to be made. Search online for your nearest place that does this.

2 REMEMBER THE BATTERIES

Almost all batteries can be recycled – even the little 'button' ones from smaller gadgets. You could choose a box at home or school to keep used batteries in, and then take them to a designated place that collects them. Be very careful, though – button cells can be deadly if eaten by small children or pets.

3 USE YOUR ONLINE SAFETY KNOWLEDGE

If you're recycling, selling or repurposing any of your devices, make sure that all your personal data, private photos and so on have been deleted before the tech leaves your hands or is connected online.

4 REUSE THEM

Old smartphones can be used as webcams, security cameras, baby monitors or pet cams: there are apps that will configure them to do this. You can also turn an outdated phone into a TV remote control, an alarm clock that wakes you up with your favourite track, or a media centre you can take to places where you wouldn't risk your new phone.

5 TURN IT INTO SOMETHING NEW

Smartphones are more powerful than most older computers. If you have an unwanted android phone, it's quite easy to create a new computer – you could use an old TV as a monitor, meaning you just need a mouse and keyboard. There are also small devices you can buy which let you do the same with iPhones.

6 RETURN THEM

Return devices to the manufacturer or retailer you bought them from. Some manufacturers take responsibility for their products and accept them back, to refurbish and redistribute. If they don't, you could contact them and ask why: the more consumer pressure there is on shops and manufacturers, the more likely they are to act in a greener way.

7 SUPPORT SCIENCE

Let your old devices help modern research. Scientists currently investigating topics like far-off star systems, cancer treatment and earthquakes need enormous computing power. If your unwanted device is WiFi enabled, for example, you can connect it to a network so that it can boost scientists' research.

8 SELL THEM

This is also a green option as it means that fewer devices have to be produced. On top of that, you could also donate some of the money you make to an environmental charity.

9 RESEARCH DISPOSAL METHODS

If your device is beyond repair and no one wants it, get rid of it safely through a specialist tech disposal company. Check that your device won't be shipped off to another country for processing.

10 KEEP THINKING

There's no such thing as 'too many' ways to help our planet! If you come up with a better idea than ours, contact National Online Safety and tell us.

Meet Our Expert

Neil Atkin teaches scientific literacy through his non-profit organisation, Rubbish Science, which engages people in working together to live more sustainably and creatively uses waste to help address real-life problems. There are a range of environmental activities you may like to try on their website: www.rubbishscience.com.



USEFUL LINKS: Places to donate old electrical items: www.recycleyourtech.org.uk/donate-electrical-goods/ | How to turn an old smartphone into a computer: www.makeuseof.com/tag/ways-to-turn-smartphone-into-pc/
The rules about shops' responsibilities on tech: www.gov.uk/electrical-waste-producer-supplier-responsibilities | Two scientific research schemes which old devices can support: www.xoniverse.org/get-involved-and
www.vodafone.co.uk/mobile/dreamlab/ | Find your local tech recycling centre: www.recycleitnow.com

National Online Safety
#WakeUpWednesday

What Parents & Carers Need to Know about ROBLOX

7+

WHAT ARE THE RISKS?

Roblox is one of the most popular video games on the market. By 2020, the game's makers were claiming that more than half of children in the USA play it. As a 'sandbox' title, Roblox offers a huge amount of creative freedom: it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

CONTACT WITH STRANGERS

Roblox encourages players to communicate online (including a group chat facility). This could expose children to risks such as scammers, online predators, harassment, griefers and more. The in-game chat has some filters, but isn't perfect: players can still send harmful messages to others – such as scam links or general hostility – while predators can reach out to children directly.

PUBLIC SERVERS

Roblox has private or VIP servers which allow people to play exclusively with their friends, but this costs money. Most Roblox players will instead be on public servers that anyone can join. Servers can host games which focus on all kinds of aspects, including direct player interaction. Some games and servers, therefore, will put children more at risk of contact from strangers than others.

ONLINE DATERS

These are also called 'ODers' and are quite common in Roblox. An ODER is an individual who joins a game with the intention of finding someone to date online – and eventually meet in person. Such online dating is against the Roblox community guidelines, but this usually doesn't deter ODERs. Some player-built Roblox game worlds have even been designed with online dating specifically in mind.

IN-APP PURCHASES

Roblox is actually free to download and play, but bear in mind that there are some hidden costs. Players are encouraged to make purchases in the game, for example, using real money. People can also buy extra Robux (the in-game currency) to spend on cosmetic items in the game, while it's possible to purchase a private or VIP server.

Advice for Parents & Carers

SET PARENTAL CONTROLS

Roblox comes with several parental control options, which are explained well on the game's official website. It's essential to enter the correct date of birth for your child, as that allows Roblox to automatically apply the appropriate chat filters. The game also allows parents and carers to set monthly spending restrictions and monitor their child's account.

DISABLE PRIVATE MESSAGING

Roblox's private messaging function raises the risk of children being contacted by people they may not want to speak with – potentially leading to bullying, harassment, toxicity and scam attempts. The game allows you to disable messages from anyone who hasn't been added as a friend on your child's account.

PRIVATE SERVERS

If your child has some genuine friends to play Roblox online with, paying for a private or VIP server decreases the risk of contact from strangers. Even then, however, some players could invite other people – who might not necessarily be child friendly – into the private server. If your child is a Roblox fan, it's important to talk with them regularly about who they are playing the game with.

MONITOR SPENDING

If they don't understand they're using real money, it's easy for children to accidentally spend a sizeable amount in the game. Using parental controls to place limits on their spending will help avoid any nasty financial surprises. Ensuring that you have two-factor authentication on your payment accounts also makes it harder for your child to spend money inadvertently.

DEALING WITH STRANGERS

At some point in their development, your child will need to learn how to deal with strangers online. Show them how to block and report any users who are upsetting them or asking uncomfortable questions. Talking to them about what's OK to discuss – and what they should never tell a stranger online – will help them understand how to communicate with other people online safely.

Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



Sources: <https://www.theverge.com/2020/7/21/21333431/roblox-over-half-of-us-kids-joining-virtual-parties-fortnite>
<https://corp.roblox.com/parents/>



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OCTOBER HALF TERM 2022

"Childcare during the holidays they want to go to"
Fresh air. Fresh activities. Fresh attitude.



LANCING PREP HOVE

"RECOMMENDED
FOR ALL FREE-
RANGE FANS!"

MON 17TH OCT
CREEPY CRAFTS & CAMPFIRE COOKOUT
TUES 18TH OCT
BLOOD, SNOT & ZOMBIES
WEDS 19TH OCT
HARRY POTTER DAY
THURS 20TH OCT
NERF - WINTER WASTELAND
FRI 21ST OCT
**KENSUKE'S KINGDOM
WILDERNESS ADVENTURE**



"ANOTHER EPIC
DAY. 3 YEARS OF
ATTENDING THE
CLUB & MY SON
STILL THINKS IT'S
THE BEST THING
EVER"



MON 24TH OCT
**KENSUKE'S KINGDOM
WILDERNESS ADVENTURE**
TUES 25TH OCT
NERF - WINTER WASTELAND
WEDS 26TH OCT
HARRY POTTER DAY
THURS 27TH OCT
BLOOD, SNOT & ZOMBIES
FRID 28TH OCT
CREEPY CRAFTS & CAMPFIRE COOKOUT

For more info on dates, locations and how the clubs run & to book: WWW.THEOUTDOORSPROJECT.CO.UK
BIRTHDAY PARTIES - AFTER SCHOOL CLUBS - SCHOOL WORKSHOPS - PARENT TODDLER GROUP - FRANCHISE - WEEKEND CLUBS



OCTOBER HALF TERM 2022

"Childcare during the holidays they want to go to"
Fresh air. Fresh activities. Fresh attitude.



CREEPY CRAFTS & CAMPFIRE COOKOUT

Taking inspiration from Latin American culture, join us for a day of toasting churros on the campfire, making spooky Day of the Dead sugar skulls & playing loads of ghoulish games.

SNOT, BLOOD & ZOMBIES

Not as scary as it sounds! We'll be embarking on a zombie fun-filled day of snotty slime making, edible blood & scab making, a hilarious body part scavenger hunt & lots of light-hearted Halloween fun & games.

HARRY POTTER DAY

In this session, we draw our inspiration from the Harry Potter book series. A firm favourite for all you Potter fans. Have fun whittling your very own woodland wand, brew potions & play the game of Quidditch! How will you defend against the dark arts of our dementor?

NERF - WINTER WASTELAND

Join us for an energetic day of Nerf dart dodging, playing tactical, team-based Nerf games in our apocalyptic winter wasteland. Defend The Vault, Swamp Rescue & Zombie Apocalypse. Lock & load, kids!
(Due to more competitive nature of this day, age 6+ is recommended)

KENSUKE'S KINGDOM - WILDERNESS ADVENTURE

Part of our Literature to Life series, based on Michael Morpurgo's book Kensuke's Kingdom. Join us on Kensuke's shipwrecked island where we'll survive by making our very own traditional trident fishing spear to take home, create Japanese-style art from chalk rubbings & 'squid ink' Japanese letter writing, & help us rescue the orangutans from the evil poachers.

For more info on dates, locations and how the clubs run & to book: WWW.THEOUTDOORSPROJECT.CO.UK